

DIETARIES

FOR

The Prisoners in the Isle of Man Gaol,

Approved by the Lieutenant-Governor, April, 1891.

Class A.

Convicted Prisoners sentenced for any Term not exceeding Ten Days, with or without hard labour.

MALE.				FEMALE.			
Breakfast.							
Bread	-	-	8 Ounces.	Bread	-	-	6 Ounces.
Dinner.							
Bread	-	-	8 Ounces.	Bread	-	-	6 Ounces.
Supper.							
Bread	-	-	8 Ounces.	Bread	-	-	6 Ounces.
Gruel	-	-	1 Pint.	Gruel	-	-	1 Pint.

Class B.

Convicted Prisoners for any Term exceeding Ten Days and not exceeding One Month, with or without hard labour.

MALE.				FEMALE.			
Breakfast.							
Bread	-	-	8 Ounces.	Bread	-	-	6 Ounces.
Gruel	-	-	1 Pint.	Gruel	-	-	1 Pint.
Dinner.							
Bread	-	-	8 Ounces.	Bread	-	-	8 Ounces.
Supper.							
Bread	-	-	8 Ounces.	Bread	-	-	6 Ounces.
Gruel	-	-	1 Pint.	Gruel	-	-	1 Pint.

Gruel to contain 2 Ounces of Oatmeal per Pint, seasoned with Salt.

For Supper on Sundays, 1 Ounce of Cheese for Males and three-quarters of an Ounce for Females, in lieu of Gruel.

Class C.

Convicted Prisoners sentenced to any term exceeding One Month; Prisoners for Examination before Trial; Debtors or Bankrupts.

Breakfast and Supper for Females.

1 Pint of Tea with Milk Two Ounces of Tea per Week per Person.

$\frac{1}{2}$ Ounce of Sugar.

6 Ounces of Bread.

Breakfast and Supper for Males.

8 Ounces of Bread and One Pint of Porridge made from 4 Ounces of Oatmeal.

Dinners for Males or Females.

SUNDAY.—One Quart of Broth (made from Beef's Head, with Onions, Pepper, Meal, and Vegetables), and 8 Ounces of Bread.

MONDAY.—20 Ounces of Potatoes with Fish.

TUESDAY.—One Quart of Pea Soup, (made from 4 Ounces of Pork or Beef's Head with 4 Ounces of Peas, Mint, Pepper, and Vegetable,) with 8 Ounces of Bread.

WEDNESDAY.—Same as Monday.

THURSDAY.—One and a Half Pints of Scouse (made from Beef, Potatoes, Onions, Pepper, and Salt, with One Pound of Potatoes to 2 Ounces of Beef) and 8 Ounces Bread.

FRIDAY.—Same as Monday.

SATURDAY.—Same as Tuesday.